

Medication Instructions

Please make sure you have ibuprofen (Advil) and acetaminophen (Extra Strength Tylenol) at home prior to your procedure. It is best to start these medications when you get home after surgery before the local anesthesia wears off. If needed, your antibiotic and narcotic pain prescriptions will be available on the day of your procedure.

Antibiotics

- ☐ Amoxicillin - start after procedure (take 1 pill, 3 times daily until gone). Take with food to avoid nausea.
- ☐ Clindamycin (if allergic to penicillin or amoxicillin) - start after procedure (take 1 pill, 3 times daily until gone).

Pain Medication

- ☐ Ibuprofen over the counter (common brand name: Advil)
 - Start after the procedure (600mg every 6 hours for pain).
- ☐ Acetaminophen over the counter (common brand name: Extra Strength Tylenol)
 - Start after the procedure (1,000 mg every 6 hours as needed for pain).
- ☒ Hydrocodone/Acetaminophen (common brand name: Norco)
 - Start if Ibuprofen and Acetaminophen are not adequately controlling your pain.
 - Discontinue use once pain is manageable with ibuprofen and/or acetaminophen.
 - Norco has both hydrocodone which is an opioid narcotic AND acetaminophen (Tylenol). Do not exceed 4,000 mg of Tylenol in 24 hours, do not operate machinery or drive, and do not mix with alcohol.
 - Unused medications can be returned at any Walgreens location and most other pharmacies.

How to take your pain medications

-Advil and Tylenol can each be taken every 6 hours, but they work best if you stagger the medications every 3 hours (if you start Advil at 9am, then take Tylenol at 12pm, and Advil again at 3pm, etc.).

-Take Advil and Tylenol consistently for the first 3 days for best pain management and to limit swelling. After 3 days, you can take Advil and Tylenol as needed. It is better to stay ahead of pain with regular use of medication than to allow the pain to increase and to then have to treat it with medication.

-It is best to start Advil or Tylenol as soon as you get home after surgery before the local anesthesia wears off.

-If taking Advil and Tylenol does not adequately control your pain, then stop taking the Tylenol and replace it with Norco (which has both hydrocodone and Tylenol) until your pain is better controlled, then stop taking the Norco and restart Tylenol.